

PALS Pre-Course Instructions (Required!)

This document provides instructions for how to prepare for your PALS course, and how to access the **<u>REQUIRED</u> <u>PRECOURSE WORK</u>** <u>THAT MUST</u> <u>BE</u> <u>COMPLETED</u> <u>BEFORE YOUR CLASS</u>.

Address for Class: CPR Kansas City 7600 W. 110th St. Suite 204 Overland Park, KS 66210 913-998-7499 info@certifyKC.com

Arrive on Time:

Please plan to arrive on time because it will be difficult for late students to catch up once we start. Students are expected to attend and participate in the entire course. If you arrive later than 20 minutes after class start time you will be asked to reschedule.

How to Prepare:

- Review and understand the information in your PALS Provider Manual. Please review all the sections throughout the manual.
- Pay particular attention to the following sections below listed in the table of contents:
 - Review of BLS and AED for infants and children
 - The Systematic Approach to the seriously ill or injured child using the evaluateidentify-intervene sequence.
 - o Recognizing and Managing Cardiac Arrest
 - Recognizing Respiratory Distress and Failure
 - Managing Respiratory Distress and Failure
 - Recognizing Shock
 - Managing Shock
 - Recognizing Arrhythmias
 - Managing Arrhythmias
 - Post Cardiac Arrest Care
- Throughout the PALS provider manual there are treatment algorithms. There is one for each specific condition/emergency. Become familiar with all the treatment algorithms throughout the PALS Provider Manual.
- You will be expected to recognize cardiac rhythms and understand PALS pharmacology. These topics are not taught in this course.

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You Must:

- **1.** Complete and Print your required Precourse Work Preparation Certificate.
- 2. Score a **70% or higher** on your Precourse Self-Assessment in order to attend class.

How to Create an Account with the AHA, Access, and Complete Your Required Pre-course Preparation and Precouse Self-Assessment Test

<u>Step #1</u>

Create an eLearning account with the AHA. Go to <u>https://elearning.heart.org</u> If you already have an AHA account then login. If you **DO NOT** have an AHA account, click on the top right where it says, "Sign up". Then "Create and Account" as a New User, and Sign In. ***SAVE YOUR ACCOUNT LOGIN INFORMATION!**



***You must save your login information to access your account again.**



Step #2

After you have logged in, or created your new account, you will see all the courses offered in eLearning under the COURSES tap at the top left.



Select ALL eLearning Courses as shown below.

American Heart Association.		(a) Kimberl
Courses ^ About eLearning ~ Suppor	rt v	
All eLearning Courses	25	
Instructor Updates		
Training & Education		
Heartsaver		
Advanced Cardiovascular Life Support (ACLS)		
Pediatric Advanced Life Support (PALS)		
Basic Life Support (BLS)		
Healthcare Professional	Name	
Guidelines In-Service	ic	



Next, using the FILTER on the left panel UNCHECK ALL and CHECK PALS only as shown below.

Course Catalog





Scroll down and locate the required PALS course shown below in the center of the bottom row on the first page of courses listed and <u>CLICK the red LAUNCH button:</u>

Scientific Sessions 2020 and	PHCE .\$20	PHCE .\$20	PTICE
ISC 2021			
Stroke & Neuroscience			
Find Hands-on Sessions			
Some courses require a hands-on session (sold	PALS Plus™: Post-Cardiac Arrest	PALS Plus™: Sedation & Analgesia	PALS Plus™: Toxicology
separately) with an AHA Training Center after	Price :\$20	Price :\$20	Price :\$20
portion.			
Locate Training Center		PALS Precourse Self-Assessment	
Note: Hands-on sessions are sold separately.		The Pediatric Advanced Life	
	PALS Precourse Self-Assessment	CE Credits	PALS Precourse Self-Assessment
	Free course	Launch More Info	Free course
	15 🗸 Per Page		« 1 2 »

Confirm you have the correct course by verifying the course code is KJ-1487 and making sure it is called PALS Precourse Self Assessment and Precourse Work as shown in the image below and then click START.

adiatric Advanced	Life Support (PALS) Prec	ourse Self-Assessment	evaluates a student's know	wledge before the course to evaluate	
ciency and determ	ine the need for addition	al review and practice.	The PALS Precourse Work	involves a student reviewing course content	
ge the student.	erore encering the classif	John. The video lessons	cover multiple medical su	lujects and each resson includes questions to	
				Start	
				Before You Begin 🗸	
biolo ind begin ↓					
uick Facts				Resources	
uick Facts			\frown	Resources	
uick Facts		Ø	i	Resources	
uick Facts	2.5 - 2.75 possible	(D) 3.5 Hour Online	(i) KJ-1487 Course	Resources Continuing Education	



<u>Step #3</u>

After clicking start and beginning the course, enter your name as it should appear on the completion certificate. After you enter your name, click SUBMIT.

PALS Precourse Self-Assessment and Pr	recourse Work		Exit Exercise
👘 Pediatric Advanced Life Support Precou	se Self-Assessment		
Welcon Self-As The precou baseline has reference	Please enter your name as you would like it to appear on your Precourse Self- Assessment Score Report. Once you have entered your name, it cannot be changed later. Full Name: Submit	Course tadequate sament to	
classroom p	of white it are course.		
Once you c	omplete the precourse self-assessment, you will receive a report detailing your res	ults. You will	

Exit Exer

Next, Click START

PALS Precourse Self-Assessment and Precourse Work

Pediatric Adv	anced Life Support Precourse Self-Assessment
	Welcome to the American Heart Association's PALS Precourse Self-Assessment
	The precourse self-assessment is a prerequisite for the PALS Course to ensure that all students have the adequate baseline knowledge to enter the course. Use the report you receive at the end of the precourse self-assessment to identify any gaps in knowledge. We encourage you to use all necessary resources to fill those gaps before the classroom portion of the course.
	Once you complete the precourse self-assessment, you will receive a report detailing your results. You will need this report showing a passing score to enter the course.
	Print the report and give it to your instructor when you arrive for class.
	Here are some key points about this precourse self-assessment:
	 The precourse self-assessment consists of 52 multiple choice questions within the following categories: Rhythm Identification Pharmacology Practical Application This precourse self-assessment should take about 1 to 1½ hours to complete. The precourse self-assessment is intended to be taken in one sitting. You will have unlimited opportunities to complete and pass the precourse self-assessment. A score of 70% or higher is required to pass the precourse self-assessment.
	Start >

Please note, you can save and return to complete the **Precourse Work Preparation** and the **Precourse Assessment Test (included in the precourse work course)** at any time. You do NOT have to complete the course in one session.



<u>Step #4</u>

After you have completed the **Precourse Work Course**, which includes the precourse assessment test, you must print the completion certificate.

*Please see the red highlighted area that says "Review" after completing the precourse assessment test. Here you can see what you missed. After reviewing what was missed, Click the red Certificate icon to print your completion certificate.

ACLS Frecourse Self-Assessment		You can exit your exercise by clicking on this link >> Exit Exercise Take No
🛉 Advanced	d Cardiovascular Life Support Self Assessment Results	
	Precourse Self-Assessment Results	
	Congratulations!	
	Congratulations, you have passed the Advanced Cardiovascular Life Support Precourse Self Assessment with a score of	r
	97%	
	Review Continue	
	Select the Print button to save or print your score report and submit it to your instructor before class.	
	Select Exit Exercise in the top-right corner of the screen to return to the course's home page where you will need to print your completion certificate.	Print
	Both the score report and completion certificate should be submitted to your instructor before class.	
	Scores for Major Testing Areas	
	This precluse self-assessment has a sections covering these major testing areas.	
	The Rhythm Identification sector lested your ability to identity the basic core rhythms used in the ACLS Provider Course and written e scared 96% on Rhythm Identification.	ixam, You
	The Pharmaeology section tested your ability to identify crugs used in clinical situations. You scored 95% on Pharmaeology	
	The Producal Application section tested your ability to identify a hybrin and then choose the correct action or drug, as you will be experted learning stations and the Megacode Testing Station. You scored 100% on Practical Application.	eded to do in
	Scores for Diagnosis Questions	

NOTE:

If you are having issues printing your certificate, but have completed the Precourse Work Course, you may still need to complete the AHA course evaluation survey. This must be completed to print your course completion certificate.

<u>Step #5</u>

Bring your Precourse Work Preparation completion certificate with you on the day of class (on the next page).

YOU MUST have your Pre-course Certificate to get an e-Card. ©2020 KimJay Management, INC



If you do not have a printer, select one of the following options:

- 1) Take a picture of the certificate with your smart phone and bring the picture to class or email the picture to <u>info@certifyKC.com</u> and let us know it is for your upcoming class and provide the date you are registered.
- 2) Download the certificate and then Email the certificate to our office at <u>info@certifyKC.com</u> and let us know it is for your upcoming class and provide the date you are registered.
- 3) Have your AHA login information with you on the day of class and print upon arriving at the training site.

If you have any questions prior to the class, please call us at 913-998-7499 or email us at info@certifyKC.com.

We look forward to seeing you for your stress free and fun PALS class!

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